

NAME: _____

DATE: _____

READING: Daily Routine ... in Space!

Vocabulary Preview

- Match the words on the left with the meanings on the right.

- | | | |
|---------------|--------------|--|
| 1. space | <u> E </u> | A. riding a bicycle |
| 2. located | _____ | B. you use it to wash your face and body |
| 3. special | _____ | C. for example: cars, dish washers and TVs |
| 4. soap | _____ | D. different; unusual; not ordinary |
| 5. shampoo | _____ | E. everything not on Earth |
| 6. float (v.) | _____ | F. you use it to wash your hair |
| 7. machines | _____ | G. to move slowly in the air and not touching anything |
| 8. cycling | _____ | H. the place where something is |

- Use the above words to complete the sentences. Change the forms of verbs and nouns when necessary.

1. My home is located in a big city.
2. I use _____ to wash my hair.
3. The International Space Station is located in _____.
4. I like _____, so I have a bicycle.
5. People can use _____ when they wash their hands.
6. My friend is _____. She can speak five languages!
7. _____, such as cars and computers, can make our lives better.
8. Balloons and clouds can _____ in the air.

- Choose any two of the above words and write your own sentences.

1. _____

2. _____

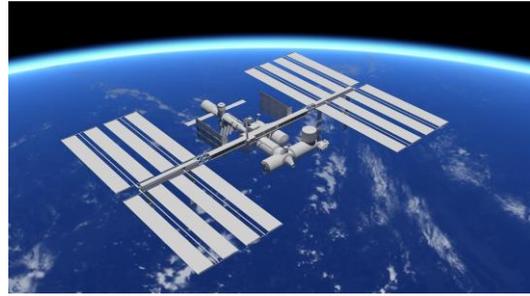
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READING

Topics: Daily Activities / Space

Daily Routine ... in Space!



Do you want to live in **space**¹? The best place to live in space is on the International Space Station. It is a place for people to learn more about space. It is **located**² between 330 and 435 kilometers above the earth. Life on the Space Station is different. Like many people here on Earth, people there wake up and brush their teeth, take showers and wash their hair. But they must be very careful. They must be very careful because they don't want to use lots of water. They must use **special**³ **soap**⁴ and **shampoo**⁵. When they eat breakfast, they must eat food they first bring with them from Earth. Again, they must be careful because they don't want their food to **float**⁶ away! After people on the Space Station finish breakfast, they start their work. They don't have to take a bus or a taxi. Their work is on the Space Station! After work, the people there must do exercise. It is not easy to stay strong in space, so they exercise for more than two hours every day. They can exercise with running **machines**⁷ and **cycling**⁸ machines. For fun, people on the Space Station can read books, watch movies, listen to music and look out the windows at Earth. One time every week, they can also talk with their friends and families back home.

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How Much Do You Understand?



● Write 'T' (True) or 'F' (False) next to each statement.

1. _____ The Space Station is the best place to live on Earth.
2. _____ The Space Station is located 534 kilometers above Earth.
3. _____ People can take showers on the Space Station.
4. _____ People on the Space Station go to work before they eat breakfast.
5. _____ You must exercise a lot on the station.
6. _____ You can read books and listen to music on the station.

Discuss

● Discuss the following questions with your classmates.

1. Do you want to live in space? Why? / Why not?
2. How do you get to school or work? Do you take a bus or a taxi?
3. What do you like to do in your free time?

Write

● Choose one of the above discussion questions. Write a short paragraph to answer it.

Lesson "Daily Routine ... in Space!"

Grammar Focus Present Simple

Vocabulary 227 words
A1 words-82% / **A2** words-15% / **B1** words-3%
AWL Words in this text: *cycling, located*
 Vocabulary Analysis by: *vocabkitchen.com*

Level Beginning – Elementary (CEFR A1)



ANSWER KEY Page 1

● Vocabulary

- | | |
|------|-------------|
| 1. E | 1. located |
| 2. H | 2. shampoo |
| 3. D | 3. space |
| 4. B | 4. cycling |
| 5. F | 5. soap |
| 6. G | 6. special |
| 7. C | 7. Machines |
| 8. A | 8. float |

ANSWER KEY Page 3

● Spelling

- | | |
|--------------|--------------|
| ACROSS | DOWN |
| 1. space | 2. people |
| 5. wake up | 3. earth |
| 6. located | 4. special |
| 7. careful | 8. float |
| 9. breakfast | 10. exercise |
| 12. strong | 12. taxi |
| 13. movies | 13. music |
| 14. read | |
| 15. cycling | |

ANSWER KEY Page 4

● How Much Do You Understand?

1. F (*It is the best place to live in space.*)
2. F (*It is located between 330 and 435 km above Earth.*)
3. T
4. F (*They eat breakfast before they go to work.*)
5. T
6. T



Article Sources:

- https://www.nasa.gov/audience/foreducators/stem-on-station/ditl_morning_routine
- <https://www.nasa.gov/audience/foreducators/stem-on-station/dayinthelife>
- <https://wonderopolis.org/wonder/what-do-astronauts-eat-in-space>
- https://en.wikipedia.org/wiki/International_Space_Station